

# IV. SAFE PRESCRIBING IN THE EMERGENCY DEPARTMENT

- This document is used in all 20 emergency department in San Diego and Imperial Counties
- We hope to have all the Urgent Cares use the same Document
- This allow our medical community to give a universal safe message about pain prescriptions

◆ See Document Better at [SanDiegoSafePrescribing.org](http://SanDiegoSafePrescribing.org)

## SAFE PAIN MEDICINE PRESCRIBING IN EMERGENCY DEPARTMENTS

We care about you. We are committed to treating you safely and in the right way.

Pain relief treatment can be complicated. Mistakes or abuse of pain medicine can cause serious health problems and death.

Our emergency department will only provide pain relief options that are safe and correct.



For your SAFETY, we follow these rules when helping you with your pain.

1. We look for and treat emergencies. We use our best judgment when treating pain. These recommendations follow legal and ethical advice.
2. You should have only ONE provider and ONE pharmacy helping you with pain. We do not usually prescribe pain medication if you already receive pain medicine from another health care provider.
3. If pain prescriptions are needed for pain, we can only give you a small amount.
4. We do not refill stolen prescriptions. We do not refill lost prescriptions. If your prescription is stolen, please contact the police.
5. We do not prescribe long acting pain medicines: OxyContin, MSContin, Dilaudid, Fentanyl (Duragesic), Methadone, Opana ER, Exalgo, and others.
6. We do not provide missing doses of Subutex, Suboxone, or Methadone.
7. We do not usually give shots for flare-ups of chronic pain. Medicines taken by mouth may be offered instead.
8. Health care laws, including HIPAA, allow us to ask for your medical records. These laws allow us to share information with other health providers who are treating you.
9. We may ask you to show a photo ID when you receive a prescription for pain medicines.
10. We use the California Prescription Drug Monitoring Program called CURES. This statewide computer system tracks narcotic and other controlled substance prescriptions.

If you need help with substance abuse or addiction, please call  
**1-888-724-7240**  
for confidential referral and treatment.

All the emergency departments in San Diego & Imperial Counties have agreed to participate in this important program.



HOSPITAL ASSOCIATION  
of San Diego and Imperial Counties



# V. PATIENT MEDICATION AGREEMENT

- If you have a patient who needs controlled substances for **3 months** or more, they should have a medication agreement.
- Only **1** provider and **1** pharmacy
- No Emergency visit for more drugs
- No refills

We encourage you to use the agreement that has the official endorsements and logos from Public Health, Medical Society, and Hospital Association

[www.SanDiegoSafePrescribing.org](http://www.SanDiegoSafePrescribing.org)

## PATIENT PAIN MEDICATION AGREEMENT AND CONSENT

This agreement is important for you:

- You will have a **safe and controlled** pain treatment plan.
- Your medicines have a high potential for abuse. They can be dangerous if used in the wrong way. You need to understand the risks that come from use of pain medicines.

Please read and make sure you understand each statement here. Here are rules about refills and health risks. Here are also reasons for stopping your pain control treatment.

### I WILL:

- I will only get my pain medicine from this clinic during scheduled appointments.
- I will take my pain medicine the way that my healthcare provider has ordered.
- I will be honest with all my healthcare providers if I am using street drugs.
- I will be honest about all the medicine I use. This includes medicine from stores and herbal medicines.
- I will be honest about my full health history.

# **SAN DIEGO PRESCRIPTION DRUG ABUSE TASK FORCE PDA TF**



[WWW.SDCMS.ORG](http://WWW.SDCMS.ORG)

